

## VÄLKOMMEN

till Studiedagar med årsmöte för Föreningen EMDR Sverige  
fredag och lördag 11 - 12 maj 2012, 09 – 17.

Föreningen EMDR Sverige har glädjen att erbjuda spännande två dagars Workshop för Er som är medlemmar eller planerar att bli medlemmar med Jim Knipe, Ph.D.

### **EMDR Toolbox: Specific EMDR-related Methods of Therapy for Clients with Complex PTSD and Dissociative Personality Structure**

**The focus of this workshop is to describe a theoretical framework, and specific therapy “tools” which may be useful in providing effective therapy, within the EMDR Adaptive Information Processing Model, to individuals suffering with Complex PTSD. Important concepts and particular interventions will be illustrated through video examples and transcripts from therapy sessions.**

Dr. Knipe will present methods for identifying and treating specific dissociative symptoms with accompanying evidence from available research or case studies. He will discuss the primary characteristics of clients with Complex PTSD, including problems with disrupted attachment and inappropriate psychological defenses. He will offer EMDR “tools” that can be used to make the healing power of EMDR more available to clients who have difficulty with dysfunctional attachment styles, defensive avoidance, and/or have high vulnerability to dissociative abreaction, chronic shame, and unrealistic idealization of self or of others. And he will illustrate how to identify separate Ego-States and work with these within the Adaptive Information Processing Therapy Approach.

Time will be available for participants to discuss difficult EMDR cases.

Plats: NürnbergHuset, Swedenborgssalen, Björngårdsgatan 14 B, ög.

#### DAG 1: 2012-05-11

Program	8.30-9	Registrering
	9-12	Workshop
	12-13	Lunch
	13-14	Årsmöte
	14-17	Fortsatt workshop

#### DAG 2: 2012-05-12

Program	9-12	Fortsatt Workshop
	12-13	Lunch
	13-17	Fortsatt workshop



Anmälan och ev. frågor skickas till Gunvor Ingemansson,  
gunvor.ingemansson@bredband.net

Önskas faktura uppge fakturaadress i din anmälan tack.

För deltagande krävs Level 1/grundkurs 1 nivå.

Kostnad: Medlemmar 1 500 kr och icke medlemmar 2 500 kr. Fm. och em. fika ingår.

Betalas till EMDR-föreningens plusgiro 44 74 42 – 5, senast den 20/4 2012.

OBS! Vid internetbetalning – uppge namn, tack☺.

Jim Knipe, PhD has been a licensed psychologist in private practice in Colorado since 1976, and he has been using EMDR since 1992. He has written chapters for EMDR Casebook (PManfield, 2002), EMDR Solutions (RShapiro, 2005), Healing the Heart of Trauma and Dissociation (CForgash & MCopeley, 2007), and EMDR Scripted Protocols: Special Populations (MLuber,2009). These writings have described specific procedures that can be utilized to extend EMDR to clients who present with self-defeating psychological defenses and/or dissociative symptoms.

Dr. Knipe is an EMDR-HAP Trainer, an EMDRIA Approved Consultant and Instructor, and was designated a “Master Clinician” by EMDRIA in 2007. He has been an invited guest speaker at the 2006 and 2007 EMDRIA Annual Conferences, the 2006 and 2008 EMDR-Europe Annual Conferences, the 2010 EMDR-Asia Conference, and national EMDR conferences in Denmark, Italy, Scotland, The Netherlands, Turkey, the Palestinian Territories, Spain and Japan, and he was a Keynote Speaker at the 2010 EMDRIA Annual Conference. He has been involved in the US Humanitarian Assistance Program, serving on the Board of Directors and as Research and Training Director, and has also been active in HAP programs in Oklahoma City, Turkey, New York (following 9/11), the Palestinian Territories, Sri Lanka and Indonesia. In addition, he is a co-author of published outcome research documenting the effects of EMDR with survivors of 9/11 and with those traumatized by the 1999 Marmara earthquake in Turkey.